

# Warner Youth Sports Association Concussion Protocol

*All volunteers, coaches, chaperones, and parents/guardians should be made aware and familiarized with this policy before the beginning of each new season, as well as kept on hand for easy reference.*

**Coaches should ensure that they limit physical contact between players, specifically in non-contact sports; this will help reduce the chances of a concussion.**

## 1) **Policy:**

- A) Any athlete who is believed to have a concussion is legally required to be ***immediately*** removed from play.
- B) By law, any player who is diagnosed with a concussion is ineligible to return to play within 24 hours and may not resume playing until he/she has medical clearance and written acknowledgement from a parent/guardian, which will be kept on record with WYSA.
- C) Any parent/guardian who fails to disclose a concussion diagnosis will be held liable, as will any coach/volunteer who knowingly allows a player to return to play without proper clearance.
- D) Coaches/volunteers can and will be charged with negligence and willful misconduct for not following this protocol as set forth by the WYSA.

## 2) **Signs and Symptoms of Concussion:**

- Headache
- Nausea and vomiting
- Balance problems and/or dizziness
- Sensitivity to light and/or noise
- Feeling sluggish, groggy or dazed

- Difficulty completing task or paying attention
- Memory problems
- Irritability or mood changes

Should any of the preceding symptoms appear after a fall, collision, or head injury, even with a helmet in use, the parent should seek immediate medical attention. In the event a parent/guardian is not present at the time of injury, the coach/volunteer is required to seek immediate medical attention on behalf of the injured party, as well as notify a parent/guardian and the respective League representative.

Thank you,

Warner Youth Sports Association - Board of Directors

Revised May 2021